In The Claims:

1.   (Once Amended) A system for selectively accessing video data and page data,
comprising:

a format manager for manipulating said video data and said page data; and

a processor, coupled to said format manager for controlling said format
manager, whereby said video data and said page data are
simultaneously shown on a display device, said video data being
displayed within a video window.

5.   (Once Amended) The system of claim 4 wherein said set top box includes said
processor and said format manager.

9.   (Once Amended) The system of claim 8 wherein said format manager
selectively positions said video tag to vertically locate said video window on said
display device.

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20.   (Once Amended) A system for selectively accessing video data and page data, comprising:

a format manager for manipulating said video data and said page data, said format manager copying said page data to create duplicate page data, inserting a video tag into said duplicate page data, and selectively positioning said video tag to vertically locate a video window on a display device, said duplicate page data being scrollable with reference to said video window on said display device, said format manager computing a current reference position each time said duplicate page data is scrolled, said current reference position being computed by combining a prior reference position and a scroll value, said scroll value being positive when said duplicate page data is scrolled down, said scroll value being negative when said duplicate page data is scrolled upwards; and

a processor, coupled to said format manager for controlling said format manager, whereby said video data and said page data are simultaneously shown on said display device.

21.   (Once Amended) A method for selectively accessing video data and page data, comprising the steps of:

manipulating said video data and said page data using a format manager; and

controlling said format manager using a processor, whereby said video data and said page data are simultaneously shown on a display device, said video data being displayed within a video window.

22.   (Once Amended) The method of claim 21 wherein said page data is obtained from a distributed electronic network and said video data is obtained from a video source.

23.   (Once Amended) The method of claim 22 wherein said distributed electronic network is an Internet network.

24.   (Once Amended) The method of claim 21 wherein said display device is a television set controlled by a set top box.

25.   (Once Amended) The method of claim 24 wherein said set top box includes said processor and said format manager.

26.   (Once Amended) The method of claim 25 wherein said set top box is controlled by a wireless remote control device.

27.   (Once Amended) The method of claim 21 wherein said format manager copies said page data to create duplicate page data.

28.   (Once Amended) The method of claim 27 wherein said format manager inserts a video tag into said duplicate page data.

29.   (Once Amended) The method of claim 28 wherein said format manager selectively positions said video tag to vertically locate said video window on said display device.

30.   (Once Amended) The method of claim 29 wherein said video tag includes window information for sizing and horizontally positioning said video window.

31.   (Once Amended) The method of claim 29 wherein said format manager reformats said duplicated page data to avoid said video window.

32.   (Once Amended) The method of claim 29 wherein said processor displays said duplicated page data on said display device.

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33. (Once Amended) The method of claim 29 wherein said format manager maintains said video window in a stationary position on said display device.

34. (Once Amended) The method of claim 29 wherein said video window is selectably positionable on said display device.

35. (Once Amended) The method of claim 29 wherein said video window is selectably sizeable on said display device.

36. (Once Amended) The method of claim 29 wherein said duplicate page data is scrollable with reference to said video window on said display device.

37. (Once Amended) The method of claim 36 wherein said format manager computes a current reference position each time said duplicate page data is scrolled.

38. (Once Amended) The method of claim 36 wherein said format manager uses said current reference position as a reference point for locating said video window.

39. (Once Amended) The method of claim 37 wherein said current reference position is computed by combining a prior reference position and a scroll value.

40.   (Once Amended) A method for selectively accessing video data and page data, comprising the steps of:

manipulating said video data and said page data using a format manager, said format manager copying said page data to create duplicate page data, inserting a video tag into said duplicate page data, and selectively positioning said video tag to vertically locate a video window on a display device, said duplicate page data being scrollable with reference to said video window on said display device, said format manager computing a current reference position each time said duplicate page data is scrolled, said current reference position being computed by combining a prior reference position and a scroll value, said scroll value being positive when said duplicate page data is scrolled down, said scroll value being negative when said duplicate page data is scrolled upwards; and

controlling said format manager using a processor, whereby said video data and said page data are simultaneously shown on a display device.

41.   (Once Amended) A computer-readable medium comprising program instructions for selectively accessing video data and page data by performing the steps of:

manipulating said video data and said page data using a format manager; and

controlling said format manager using a processor, whereby said video data and said page data are simultaneously shown on a display device, said video data being displayed within a video window.

43. (New) A system for selectively accessing video data and page data, comprising:

a format manager for manipulating said video data and said page data,

said format manager providing a video window on a display device

for displaying said video data, said page data being scrollable with

~~reference to said video~~ window by utilizing a scroll value ~~which is~~

positive when said page data is scrolled down, and which is negative

when said page data is scrolled upwards; and

a processor configured to control said format manager, whereby said video

data and said page data are simultaneously shown on said display

device.

44. (New) The system of claim 43 wherein said format manager positions a video tag to vertically locate said video window on said display device.

45. (New) The system of claim 43 wherein said format manager copies said page data to create duplicate page data for displaying on said display device.

46. (New) The system of claim 43 wherein said format manager computes a current reference position each time said page data is scrolled.

47. (New) The system of claim 46 wherein said current reference position is computed by combining a prior reference position and a scroll value.